



Do you have what it takes? NIKE and SPARQ are conducting a team competition across the nation for Travel and High School Baseball/Fastpitch teams to find out who really has the best athletes! All teams that compete will receive a Team SPARQ Rating based on the performance of their top five athletes (every athlete tested will receive a SPARQ Rating and the top five ratings will make up the teams average). Each qualifying team will also receive a SPARQ Training Development Kit to add to their training arsenal. *The Team SPARQ Rating will consist of components measuring Speed, Power, Agility, Reaction and Quickness.*

✿ **The Baseball/Fastpitch SPARQ Testing will consist of:**

- 30 Yard Dash
- Rotational Power Ball Throw
- Vertical Jump
- Shuttle

✿ The Individual and Team SPARQ Ratings will be updated weekly on SPARQTRAINING.com leading up to the naming of a Regional and a National Team Champion!



September 11th
5 p.m. – 9 p.m.

✿ Every athlete tested will receive a limited edition bag tag and have access to set up a customized SPARQ Athlete page.

✿ Contact Darold Key, dkey@velocitysp.com or 480.539.7575 to schedule your time.
2065 West Obispo Ave Suite 102
Gilbert, AZ 85233

NIKE and SPARQ are committed to rewarding the teams that work and train the hardest, so get your team prepared for the **NIKE TEAM SPARQ CHALLENGE 2006** and compete to be the top team in the country!

HOW DO YOU RATE?